|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Date |  | | | ***For each item, please enter letters or numbers, or underline the one best applies to you.***  Example) fair　2 | | |
| *year* *month* *day* | | |
| Student ID |  | | |
| (Planned) Research Field | Knowledge Science　　　Information Science　　　Materials Science  Transdisciplinary Sciences 　　undecided | | | | | |
| Name |  | | | | Sex | Male　 　Female　　Other |
| Age |  | Nationality | Japan Other (country name: ) | | | |
| Financial  Condition | very good　　good　　fair　　bad　　very bad | | | | | |
| Questions only for international  students | So far, how long have you been living in Japan?  　（　　　　　　　　）year(s)　（　　　　　　　　）month(s) | | | | | |
| What do you think about your Japanese language skills?  very good　　good　　fair　　poor　　very poor | | | | | |

**Please send the completed form to the Student Counseling Service (soudan@ml.jaist.ac.jp)**

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| The following questions ask about how you have been feeling during past 30 days. For each question, please underline the number that best describes how often you had this feeling.  ***During the past 30 days, about how often did you feel*** | | All  of the time | Most of the time | Some of the time | A little of the time | None of the time |
| a | … nervous? | 4 | 3 | 2 | 1 | 0 |
| b | … hopeless? | 4 | 3 | 2 | 1 | 0 |
| c | … restless or fidgety? | 4 | 3 | 2 | 1 | 0 |
| d | … so depressed that nothing could cheer you up? | 4 | 3 | 2 | 1 | 0 |
| e | … that everything was an effort? | 4 | 3 | 2 | 1 | 0 |
| f | … worthless? | 4 | 3 | 2 | 1 | 0 |

**What kind of difficulties have you met recently?**

Please underline all applicable numbers.

|  |  |  |
| --- | --- | --- |
| 1 making friends | 2 problems with professors | 3 academic problems |
| 4 health problems | 5 homesickness | 6 financial problems |
| 7 interpersonal problems | 8 housing | 9 climate |
| 10 Japanese language  \*only for international students | 11 adjusting to Japanese culture  \*only for international students |  |

★Do you want to get counseling on another day?

(Reservation is required: about 45 minutes per session) 　Yes 　 No

★Please fill out the next column if you are worried about something.