

## 【Outline】

- All arrivals from China, Korea, America and Europe must have 14 days stand-by and there is restriction on public transportation usage in Japan, so please give yourself extra time to move.
- About traveling, Infectious Disease Risk Information to the whole world is raised to level 2, so please avoid non-essential travel. Also do not travel to risk level 3 areas.
- If you have cold-like symptoms, you need to inform Crisis Management.
- If you have a fever (37.5 or higher) over 4 days and a sense of fatigue (feel very tired), contact "the Consultation Center"
- All arrivals from outside Japan need to inform health condition to Crisis Management.
- Get up-to-date information and protect yourself from the infection.

Dear Faculty, Students and Staff members,

President

## 【IMPORTANT】 About Outbreak of Novel Coronavirus (part 9)

JAIST changes the prevention measures, according to the announcement from MEXT.  
(Changes refers to below. The changed full text is posted at the bottom.)

We strongly recommend you to get the latest information and continuously take prevention measures such as wearing a mask, washing your hands, etc.  
Please do not go to a place where people gather not to spread infection.

(Changes)

### 【Travel to overseas (Infectious Disease Risk Information)】

Ministry of Foreign Affairs of Japan raised Infection Disease Risk Information as follows.

Level 2: the whole world (Avoid nonessential trip)

Currently, COVID-19 infection is spreading all over the world and many countries take some prevention measures such as border closure, movement restriction, grounding or reduction of flight service. Please avoid non-essential trip in order to avoid any inconvenience.

**【Infectious Disease Risk Information】**

Area raised to level 3 (Avoid all travel)

Entire Italy, Spain, Germany, Iran, etc.

Area raised to level 2 (Avoid nonessential trip)

Entire America, England, Egypt, etc.

Area raised to level 1(Exercise caution)

The whole world (except countries listed on Infectious Disease Risk Information)

(Full text)

**【Persons coming from China, Korea, Europe, Iran, Egypt, America, etc.】**

1. Arrivals (include transit) from China, Korea, Europe, Iran, Egypt, America, etc. will be quarantined for 14 days in the facility that government designated or medical institution based on the Quarantine Act. During that period, you cannot use public transportation in Japan.

If you have a travel history to area of staying in area which is designated as level 3 of Infectious Disease Risk Information, you will be refused entry unless the circumstances are exceptional), so please get up-to-date information.

In addition, 21 countries in Europe (ex. Spain, Italy, Germany, etc.) and Iran are added to subject of refusing entry.

If students or faculty considering to enter Japan, please have extra time for your schedule and get up-to-date information and give yourself extra time.

Implementation of Border Control Measures and travel restrictions for Japanese/ all travelers from Japan

(外務省海外安全HP)

[https://www.anzen.mofa.go.jp/info/pewideareaspecificinfo\\_2020C041.html](https://www.anzen.mofa.go.jp/info/pewideareaspecificinfo_2020C041.html)

**【Travel to overseas (Infectious Disease Risk Information)】**

2. Ministry of Foreign Affairs of Japan raised Infection Disease Risk Information as follows.

Level 2: the whole world (Avoid nonessential trip)

**【Travel to overseas (Infectious Disease Risk Information)】**

3. Risk Level 3 (Avoid all travel)

- (China)
  - Hubei province and Wenzhou city, Zhejiang province
- (South Korea)
  - Gyeongsan city, Yeongcheon city, Chilgok county, Andong city, Uiseong county, Seongju county, gunwi county, and Cheongdo county, Bonghwa county in North Gyeongsang province
- (Iceland, Ireland, Andorra, Italy, Iran, Estonia, Austria, Netherland, San Marino, Switzerland, Sweden, Spain, Slovenia, Denmark, Germany, Norway, Vatican City, France, Belgium, Portugal, Malta, Monaco, Liechtenstein, Luxembourg)
  - Whole land

Risk level 2 (Avoid nonessential trip)

- (China)
  - Areas other than above in China.
- (South Korea)
  - Areas other than listed above
- (England, Cyprus, Greece, Croatia, Congo, Slovakia, Czech, Hungary, Finland, Bulgaria, Poland, Latvia, Lithuania, Romania, America, Egypt)
  - Whole land

Risk level 1 (Exercise caution)

- The whole world (except counties listed on Infectious Disease Risk Information)

○Implementation of Border Control Measures and travel restrictions for Japanese/ all travelers from Japan

(外務省海外安全HP)

[https://www.anzen.mofa.go.jp/covid19/pdfhistory\\_world.html](https://www.anzen.mofa.go.jp/covid19/pdfhistory_world.html) (Japanese)

#### 【If you are suspicious of infection】

4.All JAIST members regardless of arrival from overseas

- If you have cold symptoms, contact to [kikikanri@jaist.ac.jp](mailto:kikikanri@jaist.ac.jp) and follow the instruction.

In this case, take your temperature and record it every day.

(b). Call the “the Consultation Center”

- If you meet following conditions, call the consultation center.
  - Having cold symptoms, a fever of 37.5°C or over for 4 days or more (including

when you need to continue to take an antipyretic (fever reducer)).

- Shortness of breath and strong fatigue (feel very tired)

Consultation Center (Nomi city)

\*Minami Kaga Health and Welfare Center: 0761-22-0796

- ② If you are suspicious of a novel coronavirus infection after calling the center, go to a medical institution the center told you.
- ③ When you go to the medical institution, wear a mask, wash your hands, practice cough etiquette (when you cough or sneeze, cover your mouth and nose with a mask, tissue, handkerchief, or sleeve), and use a private vehicle (refrain from using public transportation).
- ④ Report the result to [kikikanri@jaist.ac.jp](mailto:kikikanri@jaist.ac.jp)

(c). Following persons may become severe when infected, so if you have condition of (b) for 2 days or more, please contact the consultation center.

- senior person (65 years old or older)
- person who has an underlying disease such as diabetes, heart failure, respiratory disease (DOPD), or taking a dialysis treatment.
- person who is taking immunosuppressant or anti-cancer drugs

(d). Pregnant woman become severe, so contact the consultation center early.

(e). For children, please take the same measure as (a).

## 5. When a person staying in overseas

If you have a fever 37.5 or over, respiratory symptoms (cough, difficulty in breathing, sputum, etc.), please go to a medical institution on the spot, and report the result (medical certificate in original language or English is desirable) to [kikikanri@jaist.ac.jp](mailto:kikikanri@jaist.ac.jp)

## 6. When arriving from overseas

(a). All members of JAIST need to inform following to [kikikanri@jaist.ac.jp](mailto:kikikanri@jaist.ac.jp)

Place to stayed, arrival date in Japan, health condition at the time of arrival (whether having fever, respiratory symptoms and taking medicine for a fever or cough).

(b). If you have a fever (37.5°C or over) or respiratory symptoms at the time of arrival in Japan, you must inform a quarantine officer about that and follow the instruction. Also contact [kikikanri@jaist.ac.jp](mailto:kikikanri@jaist.ac.jp)