

【Outline】

- All overseas arrivals are required to self-quarantine for 14 days and restrict on use of public transportation due to strengthening quarantine, so please give yourself extra time to act on schedule.
- About traveling, Infectious Disease Risk Information to the whole world is raised to level 2, so please avoid non-essential travel. Also so do not travel to risk level 3 areas.
- If you have cold-like symptoms, you need to inform Crisis Management.
- If you have a fever (37.5 or higher) over 4 days and a sense of fatigue (feel very tired), contact “the Consultation Center”
- All arrivals from outside Japan need to inform health condition to Crisis Management.
- Get up-to-date information and protect yourself from the infection.
- To prevent group infection, avoid overlapping of three things thoroughly. (poorly-ventilated spaces, crowds and close contact with people)

Dear Faculty, Students and Staff members,

President

【IMPORTANT】 About Outbreak of Novel Coronavirus (part 10)

JAIST changes the prevention measures, according to the announcement from MEXT.

(Changes refers to below. The changed full text is posted at the bottom.)

We strongly recommend you to get the latest information and continuously take prevention measures such as wearing a mask, washing your hands, etc.

Also, please avoid overlapping three things (poorly-ventilated spaces, crowds, and close contact with people) thoroughly in everyday life to prevent group infection.

(Changes)

【Strengthening quarantine to all overseas arrivals】

1. Due to strengthening quarantine, all overseas arrivals are required isolation/detention based on the Quarantine Act and will have to self-quarantine for 14 days at place (such as home) where designated by a Quarantine Station Chief

and cannot use public transportation in Japan during that period.

【Travel to overseas (Infectious Disease Risk Information)】

3. Area raised to level 3 (Avoid all travel)

49 countries and area: entire China, entire Korea, Vietnam, Malaysia, Australia, Canada, America, England, Egypt, etc.

Area raised to level 2 (Avoid nonessential trip)

The whole world (except countries listed on level 3 of Infectious Disease Risk Information)

(Full text)

【Strengthening quarantine to all overseas arrivals】

1. Due to strengthening quarantine, all overseas arrivals are required isolation/detention based on the Quarantine Act and will have to self-quarantine for 14 days at place (such as home) where designated by a Quarantine Station Chief and cannot use public transportation in Japan during that period.

If you have a travel history to area of staying in area which is designated as level 3 of Infectious Disease Risk Information, you will be refused entry unless the circumstances are exceptional), so please get up-to-date information.

If students or faculty considering to enter Japan, please have extra time for your schedule and get up-to-date information and give yourself extra time.

Implementation of Border Control Measures and travel restrictions for Japanese/
all travelers from Japan

(外務省海外安全HP)

*Newly 49 countries and areas are added to subject of refusal of entry on April 3.

https://www.anzen.mofa.go.jp/info/pcwideareaspecificinfo_2020C041.html

【Travel to overseas (Infectious Disease Risk Information)】

2. Ministry of Foreign Affairs of Japan raised Infection Disease Risk Information as follows.

Level 2: the whole world (Avoid nonessential trip)

3. Ban travel to countries designated as level 3 of “Infectious Disease Risk Information” issued by Ministry of Foreign Affairs of Japan.

●Risk Level 3

(Asia) Indonesia, entire Korea, Singapore, Thai, Taiwan, entire China, Philippine, Brunei, Vietnam, Malaysia

(Oceania) Australia, New Zealand

(North America) Canada, America

(Central and South America) Ecuador, Dominican Republic, Chile, Panama, Brazil, Bolivia

(Europe) Iceland, Ireland, Albania, Armenia, Andorra, Italy, England, Estonia, Austria, Netherland, North Macedonia, Cyprus, Greece, Croatia, Kosovo, San Marino, Switzerland, Sweden, Spain, Slovakia, Slovenia, Serbia, Czech, Denmark, Germany, Norway, Vatican City, Hungary, Finland, France, Bulgaria, Belgium, Portugal, Poland, Bosnia and Herzegovina, Malta, Monaco, Moldova, Montenegro, Latvia, Lithuania, Liechtenstein, Luxembourg, Romania

(Middle East) Israel, Iran, Egypt, Turkey, Bahrain

(Africa) Ivory Coast, Democratic Republic of the Congo, Mauritius, Morocco

Please do not travel to countries or areas designated as level 2 of Infectious Disease Risk.

●Risk level 2 (Avoid nonessential trip)

The whole world (except countries listed above of level 3)

Risk level 1 (Exercise caution)

- The whole world (except countries listed on Infectious Disease Risk Information)

○Implementation of Border Control Measures and travel restrictions for Japanese/ all travelers from Japan

(外務省海外安全HP)

https://www.anzen.mofa.go.jp/covid19/pdfhistory_world.html (Japanese)

【If you are suspicious of infection】

4. All JAIST members regardless of arrival from overseas

(a). If you have cold symptoms, contact to kikikanri@jaist.ac.jp and follow the instruction. In this case, take your temperature and record it every day.

(b). Call the “the Consultation Center”

① If you meet following conditions, call the consultation center.

- Having cold symptoms, a fever of 37.5°C or over for 4 days or more

(including when you need to continue to take an antipyretic (fever reducer)).

- Shortness of breath and strong fatigue (feel very tired)

Consultation Center (Nomi city)

*Minami Kaga Health and Welfare Center: 0761-22-0796

② If you are suspicious of a novel coronavirus infection after calling the center, go to a medical institution the center told you.

③ When you go to the medical institution, wear a mask, wash your hands, practice cough etiquette (when you cough or sneeze, cover your mouth and nose with a mask, tissue, handkerchief, or sleeve), and use a private vehicle (refrain from using public transportation).

④ Report the result to kikikanri@jaist.ac.jp

(c). Following persons may become severe when infected, so if you have condition of (b) for 2 days or more, please contact the consultation center.

- senior person (65 years old or older)
- person who has an underlying disease such as diabetes, heart failure, respiratory disease (DOPD), or taking a dialysis treatment.
- person who is taking immunosuppressant or anti-cancer drugs

(d). Pregnant woman become severe, so contact the consultation center early.

(e). For children, please take the same measure as (a).

5. When a person staying in overseas

If you have a fever 37.5 or over, respiratory symptoms (cough, difficulty in breathing, sputum, etc.), please go to a medical institution on the spot, and report the result (medical certificate in original language or English is desirable) to kikikanri@jaist.ac.jp

6. When arriving from overseas

(a). All members of JAIST need to inform following to kikikanri@jaist.ac.jp

Place to stayed, arrival date in Japan, health condition at the time of arrival (whether having fever, respiratory symptoms and taking medicine for a fever or cough).

(b). If you have a fever (37.5°C or over) or respiratory symptoms at the time of arrival in Japan, you must inform a quarantine officer about that and follow the instruction. Also contact kikikanri@jaist.ac.jp