

【Outline】

- Regarding travel abroad, 9 countries are lowering on Infectious Disease Risk Level, 2 countries are raising on Infectious Disease Risk Level. Traveling to any Infectious Disease Risk Level 3 country is prohibited.
- If you have suspected symptoms, contact your primary care physician or the consultation center for fever patients for instruction, and you must report to the Section in Charge of Crisis Management at JAIST.
- All arrivals from other countries must report their health condition to the Section in Charge of Crisis Management.
- Always try to get the latest information about the coronavirus and make efforts to prevent the spread of infection.
- To avoid a cluster infection, always make sure to keep away from any situation that more than two condition of Three Cs (Crowded Place, Closed Space, and Close Contact) exist.

Dear Students, Faculty and Staff,

President

【IMPORTANT】 About Outbreak of Novel Coronavirus (part 16)

JAIST has changed the prevention measures according to the announcement issued by Ministry of Education, Culture, Sports, Science, and Technology. (Major changes are listed below and the full text of the recent changes are available after the list.)

We ask for your continuous efforts in obtaining the latest information, wearing a mask, and washing your hands.

To prevent mass infection, avoid any situation that 3conditions to overlap (closed space with poor ventilation, crowded places, conversation in close distance).

(Major Changes)

【Travel to overseas (Infection Disease Risk Level3)】

3. Countries raised to Level 3 (prohibit travel)

(Asia) Myanmar

(Middle East • Africa) Jordan

Countries lowered to level 2 (avoid non urgent and/or nonessential travel)

(Asia) Korea, Singapore, Thailand, Taiwan, China (including Hong Kong, Macau)
Brunei, Vietnam
(Oceania) Australia, New Zealand

(Full text)

【Strengthening quarantine to all overseas arrivals】

1. Due to the strengthened quarantine, all overseas arrivals are required isolation/detention based on the Quarantine Act and will have to self-quarantine for 14 days at place (such as home) where designated by a Quarantine Station Chief and cannot use public transportation in Japan during that period.

If you have a travel history staying in area which is designated as level 3 (prohibit travel) on “Infectious Disease Risk Information” announced by the Ministry of Foreign Affairs, you will be refused entry unless the circumstances are exceptional, please keep to put effort on obtaining latest information.

If students or faculty considering to enter Japan, please have extra time for your schedule and obtain latest information and give yourself extra time.

Implementation of Border Control Measures and travel restrictions for Japanese/ all travelers from Japan (Ministry of Health, Labor and Welfare “MHLW”)

*there is a Q & A on above is posted on following website (as of November 5)

https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/kenkou_iryuu/covid19_qa_kanrenkigy_00001.html

【Travel to overseas (Infection Disease Risk Level2)】

2. On Disease Risk Information by Ministry of Foreign Affairs of Japan, areas listed below were announced as Level2 (avoid non urgent and/or nonessential travel)

- the whole world

The novel coronavirus infection is spreading around the world, measure such as border

closure, stay-at-home order are taken, travelers are effected by movement restriction and reduced or suspension of flights (including destination and transit).

Therefore, to prevent from restriction, or situation that makes difficult to leave from visiting countries or areas, refrain from nonessential or non-urgent travel to foreign countries.

【Travel to overseas (Infection Disease Risk Level3)】

3. On Disease Risk Information by Ministry of Foreign Affairs of Japan, travel is prohibited to countries designated as Level 3.

●Risk Level 3

(Asia) India, Indonesia, Nepal, Pakistan, Bangladesh, Philippine, Malaysia, Myanmar, Maldives,

(North America) Canada, America

(Central and South America)

Argentine, Antigua and Barbuda, Uruguay, Ecuador, El Salvador, Guyana, Cuba, Guatemala, Costa Rica, Columbia, Suriname, Saint Christopher and Nevis, Jamaica, Saint Vincent and the Grenadines, Dominica, Chile, Nicaragua, Haiti, Panama, Bahamas, Paraguay, Barbados, Venezuela, Brazil, Peru, Bolivia, Honduras, Mexico

(Europe)

Iceland, Ireland, Azerbaijan, Albania, Armenia, Andorra, Italy, Ukraine, Uzbekistan, UK, Estonia, Austria, Netherland, Kazakhstan, North Macedonia, Cyprus, Greece, Kiribati, Croatia, Kosovo, San Marino, Georgia, Switzerland, Sweden, Spain, Slovakia, Slovenia, Serbia, Tajikistan, Czech, Denmark, Germany, Norway, Vatican City, Hungary, Finland, France, Bulgaria, Belarus, Belgium, Poland, Bosnia and Herzegovina, Malta, Monaco, Moldova, Montenegro, Latvia, Lithuania, Liechtenstein, Luxembourg, Russia,

(Middle East)

Afghanistan, United Arab Emirates, Israel, Iraq, Iran, Egypt, Oman, Qatar, Kuwait, Saudi Arabia, Turkey, Palestine, Bahrain, Jordan, Lebanese

(Africa)

Algeria, Eswatini, Ghana, Cabo Verde, Gabonese, Cameroon, Guinea, Guinea-Bissau, Kenya, Comoros, Cote d'Ivoire, Republic of Congo, Sao Tome and Principe, Sierra Leone, Sudan, Senegal, Djibouti, Equatorial Guinea, Somalia, Central African Republic, Mauritius, Mauritania, Morocco, Libya, Liberia

Please do not travel to countries or areas designated as Infectious Disease Risk Level 2.

●Risk Level 2

The whole world (except countries listed above as level 3)

○Implementation of Border Control Measures and travel restrictions for Japanese/ all travelers from Japan (外務省海外安全HP)

https://www.anzen.mofa.go.jp/covid19/pdfhistory_world.html (Japanese)

【If you are suspicious of infection】

4.All JAIST members regardless with/without return/enter from overseas

(1)If you have cold symptoms such as fever etc. contact to kikikanri@ml.jaist.ac.jp and follow the instruction. In this case, take your temperature and record it every day.

(2)Contact your primary care physician or the consultation center for fever patients

① If any condition listed below is applicable to you, please contact your primary care physician or the consultation center for fever patients immediately. Following list is a guideline to see a physician, ether the PRC test is necessary or not is decided by physician.

Consultation Center for Fever Patients

0120-540-004(operate 24 hours, including weekends and holidays)

- In case you have any one of the conditions including difficulty in breathing, fatigue, high fever

- If case you have an illness* which is prone to become severe and have a symptom of cold such as fever and coughing

*elderly people, those who have underlying conditions such as diabetes, heart failure, or respiratory (including COPD) and those who are undergoing dialysis or taking an immunosuppressant drug or anticancer drug.

- Other than the above, in case a relatively mild symptom of cold such as fever or coughing continues (If the mild symptom continues more than 4 days, please consult the Center. Since the symptom may differ in individuals, if you feel that your condition is worse than common cold, please consult the Center immediately. In case you need to take an antipyretic drug continuously consult the Center immediately too.)

②If you have turned out to be suspicious of a novel coronavirus infection after consulting with your primary care physician or the consulting center for fever patients, you will be instructed to have medical examination at designated medical institution (some infection spread were caused by visiting multiple medical institutions please avoid visiting multiple medical institution)

③When you go to the medical institution, make sure to wear a mask, wash your hands, practice cough etiquette (when you cough or sneeze, cover your mouth and nose with a mask, tissue, handkerchief, or sleeve), and use your own vehicle (refrain from using public transportation).

④Report the result of the medical examination to kikikanri@ml.jaist.ac.jp

(3)For pregnant woman, to be safe contact your primary care physician or consultation center for fever patients quickly.

(4)For Child, medical examination from pediatrician is preferred, contact your primary care pediatrician or consulting center for fever patients by calling.

5. When living in overseas

If you have a fever 37.5 or over, respiratory symptoms (cough, difficulty in breathing, sputum, etc.), please see a physician at local medical institution and report the result (original medical certificate and one translated English) to kikikanri@ml.jaist.ac.jp

6. When arriving from overseas

(1)All members of JAIST must inform followings to kikikanri@ml.jaist.ac.jp Place(s) that you have visited, your arrival date in Japan, and your health condition at the time of arrival (whether having fever, respiratory symptoms and taking medicine for a fever or cough).

(2)At airport quarantine station, you will requested to fill the question sheet, take a body temperature, or check physical condition, please follow their instruction. If you have a fever (37.5°C or over) or respiratory symptom (cough, sputum, difficulty in breathing etc.) at the time of arrival in Japan, you must inform a quarantine officer about symptoms and follow their instruction. In this case, report the situation with the information explained in (1) to kikikanri@ml.jaist.ac.jp.